



Disease Monitors

July 2024

MCN has a panel of disease monitors who are surveyed about their disease status and disease awareness.

MM panel

222,678

MM+partner panel

540,093

■ Patient Disease Status (personal condition)

※Single answer (unit : person)

[Cardiovascular Diseases]	MM panel					MM+partner panel				
	Have not visited a medical institution despite having been diagnosed or suspected during a medical checkup.	Currently receiving medical attention and treatment.	Had seen a medical institution within a year and had been treated.	Had seen and treated a medical professional within two years.	Had seen a health care provider more than two years ago and had been treated.	Have not visited a medical institution despite having been diagnosed or suspected during a medical checkup.	Currently receiving medical attention and treatment.	Had seen a medical institution within a year and had been treated.	Had seen and treated a medical professional within two years.	Had seen a health care provider more than two years ago and had been treated.
Hypertension	3,140	23,837	1,031	385	1,658	8,049	56,047	2,151	857	3,530
Angina pectoris	281	1,487	146	102	586	740	3,526	363	227	1,291
Myocardial infarction	118	877	104	78	395	344	2,198	274	198	862
Chronic cardiac failure(CHF)	51	402	54	34	54	145	866	124	79	125
Acute heart failure (HF)	51	163	50	45	125	123	392	102	85	229
Cardiac valvular disease	133	344	61	47	211	283	718	123	88	397
Antiarrhythmic	2,455	2,145	402	276	2,195	5,445	4,720	839	619	4,568
Atrial fibrillation (AF)	254	1,004	126	98	553	554	2,138	264	228	1,193
Cerebral infarction	107	892	94	79	764	277	2,144	224	175	1,594
Cerebral hemorrhage (CH)	51	306	63	50	658	128	718	147	110	1,355
Peripheral artery disease (PAD) /Arteriosclerosis obliterans (ASO)	32	46	18	17	32	65	115	36	26	50
Deep vein thrombosis (DVT)	17	64	15	13	62	49	147	36	23	127
Pulmonary emboli (PE)	21	49	10	12	47	49	108	36	27	98
Raynaud syndrome	94	204	22	14	86	185	405	59	42	168
Pulmonary arterial hypertension/PAH	15	34	11	10	7	41	86	26	20	20
Pulmonary hypertension (other than pulmonary arterial)	19	40	8	17	16	58	129	25	24	36



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[Respiratory diseases]	MM panel					MM+partner panel				
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Bronchial asthma	1,228	4,265	1,883	666	8,721	3,269	9,463	3,746	1,416	17,688
COPD (chronic obstructive pulmonary disease)	257	451	73	40	140	611	1,061	182	88	300
Chronic bronchitis	172	330	168	79	511	503	802	377	173	1,092
Acute upper respiratory tract infection (common cold)	238	152	1,888	471	2,448	648	418	3,434	921	4,717
Chronic bronchitis	187	182	797	270	2,858	497	430	1,461	555	5,503
Pneumonia	210	232	491	249	5,706	619	572	1,001	541	11,343
Sleep Apnea (SAS)	652	1,404	119	101	722	1,581	3,412	263	204	1,612
Chemical sensitivity(CS)	92	61	22	21	104	241	149	60	50	201
Pulmonary tuberculosis/Pulmonary TB	56	33	13	13	539	147	85	39	38	1,068
Interstitial pneumonia/pulmonary fibrosis	45	218	36	15	92	130	496	70	40	203

[Infectious diseases]	MM panel					MM+partner panel				
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Novel coronavirus infection (COVID-19)	3,391	850	19,792	16,548	15,503	7,913	2,256	40,525	34,225	31,786
Influenza	1,799	556	10,639	4,745	48,549	4,631	1,658	20,726	9,814	96,612
Respiratory Syncytial Virus Infections(RSV)	133	99	322	202	670	310	244	596	366	1,219
Norovirus infection	290	109	641	419	6,485	710	262	1,191	797	12,478
AIDS-HIV	36	80	25	26	29	91	207	60	41	65
Sexually transmitted diseases (STD)	59	68	215	136	1,154	140	151	440	287	2,190



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[Digestive Diseases]	MM panel					MM+partner panel				
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Chronic gastritis	1,251	1,202	510	271	1,907	2,998	2,739	1,058	523	3,813
Reflux esophagitis/ Gastroesophageal reflux disease	3,266	4,068	1,349	825	5,639	7,589	8,684	2,740	1,697	11,093
Gastric ulcer	506	459	322	197	4,767	1,319	1,132	719	470	10,333
Duodenal ulcer	515	331	192	152	5,162	1,292	858	425	364	11,187
Acute gastroenteritis	287	164	970	516	4,665	689	415	1,804	919	8,769
Chronic pancreatitis	65	148	45	41	260	141	375	85	70	549
Hepatitis B	227	305	38	25	337	523	720	64	44	705
Hepatitis C	81	66	28	21	396	200	171	54	50	911
Cirrhosis	70	181	23	12	74	167	443	47	28	138
Ulcerative colitis	63	745	69	27	252	122	1,631	123	56	508
Crohn's disease	28	225	14	11	31	69	438	24	21	69
Diarrhoea	488	427	211	81	458	1,138	931	421	167	943
Constipation	1,618	2,219	627	248	1,428	3,546	4,813	1,164	493	2,562
Irritable bowel syndrome (IBS)	834	1,184	495	276	2,590	1,606	2,363	872	524	4,652
Hemorrhoids	2,307	802	1,125	683	7,478	4,926	1,765	2,072	1,377	14,293



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[Endocrinology and Metabolism]	MM panel					MM+partner panel				
	Have not visited a medical institution despite having been diagnosed or suspected during a medical checkup.	Currently receiving medical attention and treatment.	Had seen a medical institution within a year and had been treated.	Had seen and treated a medical professional within two years.	Had seen a health care provider more than two years ago and had been treated.	Have not visited a medical institution despite having been diagnosed or suspected during a medical checkup.	Currently receiving medical attention and treatment.	Had seen a medical institution within a year and had been treated.	Had seen and treated a medical professional within two years.	Had seen a health care provider more than two years ago and had been treated.
Dyslipidemia (hyperlipidemia)	4,526	11,155	536	246	1,214	10,515	25,442	1,145	550	2,719
Familial hypercholesterolemia	739	1,625	141	56	181	1,742	3,798	315	123	407
Obesity	3,012	1,405	169	76	227	7,474	3,963	422	189	572
Type I diabetes	137	1,071	91	45	86	381	3,246	192	91	215
Type II diabetes mellitus	385	7,736	245	107	548	837	16,683	462	217	1,038
Non-alcoholic steatohepatitis (NASH)	298	253	57	32	109	593	557	104	69	232
Fatty liver (other than NASH)	2,505	1,286	154	98	649	5,573	3,172	348	211	1,414
Gout/Hyperuricemia	472	3,703	253	136	963	1,201	8,532	565	323	2,036
Short stature	55	20	11	17	71	127	51	26	28	138
Acromegaly	20	25	10	7	9	56	64	26	13	16
Thyroid disease	480	2,924	315	149	1,569	1,019	5,890	576	309	3,087
Climacteric disturbance(disorder)	1,027	1,506	343	218	1,154	2,332	3,227	710	421	2,342

[Immune and allergic system]	MM panel					MM+partner panel				
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Sjogren's syndrome	185	381	34	16	96	488	797	84	28	186
Systemic sclerosis	105	208	47	20	27	355	564	119	58	62
Systemic lupus erythematosus (SLE)	72	386	51	25	68	184	845	118	59	138



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[Psychiatry and Psychosomatic Medicine]	MM panel					MM+partner panel				
	Have not visited a medical institution despite having been diagnosed or suspected during a medical checkup.	Currently receiving medical attention and treatment.	Had seen a medical institution within a year and had been treated.	Had seen and treated a medical professional within two years.	Had seen a health care provider more than two years ago and had been treated.	Have not visited a medical institution despite having been diagnosed or suspected during a medical checkup.	Currently receiving medical attention and treatment.	Had seen a medical institution within a year and had been treated.	Had seen and treated a medical professional within two years.	Had seen a health care provider more than two years ago and had been treated.
Depression	883	6,819	806	456	5,591	2,189	15,008	1,567	966	10,964
Bipolar disorder	257	1,775	174	89	638	669	3,704	350	187	1,251
Social anxiety disorder	347	2,708	335	178	1,325	786	5,536	658	371	2,355
Adjustment Disorder	334	1,665	564	302	1,914	721	3,712	1,099	630	3,675
Obsessive-compulsive disorder (OCD)	154	658	97	62	349	311	1,353	177	111	631
Panic disorder	371	2,195	245	154	1,767	821	4,600	439	296	3,234
Post-traumatic stress disorderPTSD)	143	560	80	42	355	316	1,258	147	85	668
Schizophrenia	127	1,072	63	37	493	273	2,217	133	84	877
Sleep disorders (insomnia)	463	3,720	354	174	1,269	1,039	7,671	692	356	2,407
Narcolepsy	62	45	14	8	41	125	142	31	17	111
Eating disorder (bulimia, anorexia)	265	481	60	45	714	526	1,010	113	94	1,282
Autism/autism spectrum disorder (ASD)	144	567	37	18	110	310	1,214	89	41	227
Attention-Deficit/Hyperactivity Disorder (ADHD)	286	726	71	28	217	553	1,621	144	72	443
Alcohol use disorder	189	200	40	25	195	535	511	91	51	428



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[Diseases of the cranial nervous system]	MM panel					MM+partner panel				
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Chronic headache	1,059	1,176	356	125	1,102	2,374	2,702	705	310	2,168
Migraine	5,254	3,545	1,468	698	6,191	10,302	7,426	2,769	1,415	11,630
Dizziness	1,909	2,025	1,673	873	4,389	4,052	4,532	3,347	1,738	8,536
Epilepsy	137	838	100	39	613	332	1,821	184	99	1,179
Mild Cognitive Impairment (MCI)	48	57	51	21	21	118	136	92	45	50
Alzheimer's disease	43	27	43	21	12	94	80	70	39	31
Vascular dementia	30	25	26	14	14	59	64	45	29	21
Other dementias	17	24	12	16	10	57	58	29	23	23
Parkinson's disease	26	136	20	13	20	72	283	45	25	42
Restless Leg Syndrome(RLS)	416	258	80	39	324	736	543	137	80	555
Guillain-Barre syndrome	29	15	18	11	86	53	53	33	25	201
Myasthenia gravis	26	77	14	9	25	43	181	27	14	59
Fibromyalgia	45	165	18	16	78	94	363	39	29	151
Amyloidosis	20	30	8	8	11	40	61	16	12	20
Neuromyelitis optica(NMO)	17	37	7	11	7	41	99	18	18	15
Multiple sclerosis(MS)	30	119	16	11	39	55	243	28	15	64
Spinal muscular atrophy	21	21	12	7	8	42	62	25	11	20
Duchenne muscular dystrophy	15	16	7	9	8	37	34	16	13	13
Trigeminal neuralgia (facial neuralgia)	69	100	61	31	373	156	215	117	67	717
Neuropathic pain	42	247	46	27	106	93	512	78	45	204
Neuromuscular disorders(myopathy)	17	29	10	7	11	38	77	21	12	21
Diabetic neuropathy	50	198	27	7	47	126	516	60	21	99
Cancer pain	27	96	31	17	59	70	236	57	32	127



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[Cancer and Tumors]	MM panel					MM+partner panel				
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Lung cancer	142	322	82	41	315	427	785	164	109	701
Gastric cancer	131	271	143	98	818	472	762	308	197	1,693
Esophageal cancer	63	172	93	42	154	204	419	191	93	309
Colorectal cancer(CRC)	155	381	272	159	1,318	482	956	625	425	2,849
Liver cancer	27	128	59	29	73	82	289	107	68	167
Biliary tract cancer (bile duct cancer and cholangiocarcinoma)	30	51	32	24	50	60	126	60	43	111
Pancreatic cancer	26	79	38	24	68	87	201	73	32	142
Blood cancer (leukemia/malignant lymphoma)	28	188	42	30	243	59	412	81	52	500
Multiple myeloma	20	48	9	10	17	45	121	24	12	33
Aplastic anemia	15	30	19	8	32	40	84	33	16	56
Myelodysplastic syndrome	15	40	15	8	17	44	85	23	12	32
Head and neck cancer (tongue, oral cavity, pharyngeal cancer, etc.)	20	78	33	20	182	45	194	66	41	351
Thyroid cancer	45	261	33	27	274	96	557	73	41	590
Brain tumor	26	108	20	11	118	58	237	35	27	264
Kidney cancer	23	81	30	26	231	54	219	64	54	467
Bladder and Urinary Cancer	23	126	53	34	222	57	294	104	74	437
Prostate cancer	96	519	102	96	600	226	1,180	218	194	1,192
Skin cancer	23	42	30	18	116	58	96	54	32	241
Malignant melanoma (melanoma)	20	21	15	11	62	49	62	31	21	112
Breast cancer	142	849	154	78	1,020	353	1,741	305	184	2,078
Ovarian Cancer	12	62	20	14	191	32	147	48	30	377
Cervical cancer	147	391	170	89	1,177	320	785	331	196	2,294
Uterine corpus cancer	24	84	27	21	255	63	198	69	42	496



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[Kidney and urinary system]	MM panel						MM+partner panel				
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Kidney stones/ureteral stones	990	628	689	493	7,676		2,520	1,605	1,627	1,213	16,915
Benign prostatic hyperplasia (BPH)	633	2,063	232	155	916		1,453	4,096	466	317	1,744
ED	474	302	125	55	376		1,123	677	272	115	685
Pyelonephritis	100	107	189	159	2,261		288	294	400	309	4,443
Urinary tract infection (cystitis/urethritis)	136	134	601	317	2,625		321	358	1,116	618	4,923
chronic kidney disease (CKD)	101	672	67	30	147		220	1,388	139	59	297
kidney failure (With dialysis)	23	293	24	21	62		62	672	57	40	122
Diabetic nephropathy	37	202	18	17	23		96	477	43	30	56
Nephrosclerosis	10	44	14	7	8		28	90	29	16	16
Nephrotic syndrome	31	126	16	9	205		66	260	28	15	418
Anemia of Renal Disease	23	91	13	9	26		54	185	42	16	46
Hyperphosphatemia	15	37	11	9	11		40	82	24	19	24
Dysuria	53	250	51	25	100		120	482	99	50	174
Pollakiuria	467	739	141	97	330		912	1,454	264	176	611
Urinary incontinence	281	235	52	30	121		602	539	118	63	224
Overactive bladder (OAB)	166	537	104	69	437		340	1,063	191	132	769

[Gynecological disorders]	MM panel						MM+partner panel				
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Endometriosis	614	2,086	420	283	3,290		1,210	3,972	777	535	6,336
Uterine fibroid	3,138	2,547	761	462	5,325		5,979	5,136	1,512	944	10,541
Infertility	159	591	353	306	1,914		303	1,039	607	480	3,339
Irregular periods	1,662	1,992	890	503	3,381		3,109	3,699	1,628	902	6,082
Premenstrual syndrome (PMS)	1,751	2,378	592	354	1,941		2,954	4,234	1,010	584	3,275
Ovarian cyst	259	789	234	194	3,320		538	1,466	456	364	6,250



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[Diseases of the musculoskeletal and osteoarticular system]	MM panel					MM+partner panel				
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Back pain	6,559	6,755	4,660	2,349	15,860	14,338	15,618	10,056	5,219	32,487
Cervicobrachial syndrome	176	305	109	46	484	470	740	250	122	973
Osteoarthritis (knee)	494	1,659	643	366	2,013	1,178	3,799	1,366	863	3,862
Osteoarthritis (other than knees)	190	669	235	141	641	429	1,440	497	313	1,262
Spondylosis deformans	118	265	92	61	213	270	601	182	122	436
Osteoporosis	241	1,441	106	70	273	472	2,796	203	126	502
Rheumatoid arthritis	127	1,130	76	42	314	355	2,383	172	83	633
Herniated disc	722	1,751	868	580	7,979	1,756	4,108	1,903	1,385	16,710
Sarcopenia	30	17	7	7	9	64	52	27	15	17

[Diseases of the blood]	MM panel					MM+partner panel				
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iron-deficiency anemia	2,421	1,751	1,282	754	5,765	5,115	3,740	2,497	1,479	11,567
Hemophilia A	117	137	43	30	14	328	355	90	58	35
Hemophilia B	75	115	64	35	11	234	307	137	82	34
Septicemia	50	54	61	31	105	129	155	131	83	223
Paroxysmal nocturnal hemoglobinuria (PNH)	40	38	41	24	12	86	104	80	46	33
Myelofibrosis	28	31	25	26	17	71	83	50	42	32



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Acne	4,853	2,520	2,585	1,244	10,900	9,326	4,877	4,647	2,153	19,486
Eczema / Dermatitis	1,414	3,717	3,953	1,622	8,386	3,145	7,771	7,461	3,112	15,368
Atopic dermatitis	1,145	4,232	1,618	565	8,424	2,641	9,096	3,163	1,164	16,144
urticaria	1,331	2,347	2,197	1,221	13,390	2,869	4,973	4,258	2,407	24,439
Alopecia (other than alopecia areata)	198	158	80	58	386	503	385	164	111	766
alopecia areata	553	252	212	187	2,504	1,202	525	456	378	4,958
Hyperhidrosis (armpit)	983	231	189	80	539	2,101	488	349	145	971
Hyperhidrosis (other than armpit)	925	184	128	52	422	1,898	421	222	120	778
Pyoderma (pyoderma)	34	39	50	24	79	85	109	96	54	203
Decubitus ulcers (bedsores)	46	42	37	25	110	118	105	66	44	217
Herpes (herpes simplex)	1,067	363	1,647	709	6,515	2,245	777	3,206	1,485	12,385
Herpes zoster (shingles)	291	289	1,400	1,217	11,810	776	624	2,804	2,434	22,679
Psoriasis vulgaris	75	526	117	58	387	164	1,106	207	114	734
Psoriatic arthritis	21	75	13	8	22	54	178	36	23	48
Other psoriasis	53	114	69	19	197	110	258	151	56	371
Tinea (athlete's foot, ringworm, etc.)	1,728	1,199	842	658	8,132	4,114	2,639	1,831	1,436	16,180
Tinea Nails (Onychomycosis)	976	1,007	454	347	3,750	2,273	2,238	958	747	7,285

[Otolaryngological disorders]	MM panel					MM+partner panel				
	Have not visited a medical institution despite having been diagnosed or suspected during a medical checkup.	Currently receiving medical attention and treatment.	Had seen a medical institution within a year and had been treated.	Had seen and treated a medical professional within two years.	Had seen a health care provider more than two years ago and had been treated.	Have not visited a medical institution despite having been diagnosed or suspected during a medical checkup.	Currently receiving medical attention and treatment.	Had seen a medical institution within a year and had been treated.	Had seen and treated a medical professional within two years.	Had seen a health care provider more than two years ago and had been treated.
Pollen allergy/allergic rhinitis (seasonal)	9,874	10,096	15,784	2,761	16,179	20,981	21,606	30,896	5,413	31,166
Allergic rhinitis	4,140	6,173	4,113	1,002	8,947	8,598	12,927	7,714	1,963	17,071
Sinus Infection (maxillary empyema)	1,103	1,679	3,810	1,358	9,234	2,568	3,429	6,801	2,494	17,435
Xerostomia (dry mouth)	297	211	89	52	136	653	480	170	85	276
Stomatitis	5,166	503	1,643	656	5,931	9,579	1,129	3,144	1,289	11,116
Middle ear infection	620	312	997	533	16,026	1,426	712	1,890	1,064	29,995
Meniere's disease	274	542	572	355	3,267	659	1,209	1,126	725	6,308
Hearing loss	845	581	596	342	2,840	1,842	1,274	1,125	664	5,359



Disease Monitors

July 2024

MCN has a panel of disease monitors who are surveyed about their disease status and disease awareness.

MM panel	222,678	MM+partner panel	540,093
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■ Patient Disease Status (personal condition)

[Ophthalmic Diseases]	MM panel					MM+partner panel				
	Have not visited a medical institution despite having been diagnosed or suspected during a medical checkup.	Currently receiving medical attention and treatment.	Had seen a medical institution within a year and had been treated.	Had seen and treated a medical professional within two years.	Had seen a health care provider more than two years ago and had been treated.	Have not visited a medical institution despite having been diagnosed or suspected during a medical checkup.	Currently receiving medical attention and treatment.	Had seen a medical institution within a year and had been treated.	Had seen and treated a medical professional within two years.	Had seen a health care provider more than two years ago and had been treated.
Dry eye	4,885	6,092	3,300	1,392	7,854	9,929	12,396	6,356	2,776	14,365
Allergic conjunctivitis	1,164	1,610	2,775	981	9,079	2,551	3,332	5,123	1,949	16,684
Cataract	1,100	3,240	1,089	840	4,400	2,369	7,158	2,240	1,738	8,711
Glaucoma	530	5,266	373	148	638	1,146	11,397	741	314	1,363
Age-related macular degeneration (AMD)	236	522	117	84	393	513	1,165	236	160	781
Diabetic Retinopathy	55	344	39	32	149	146	890	91	66	324

[Diseases of the dental system]	MM panel					MM+partner panel				
	Have not visited a medical institution despite having been diagnosed or suspected during a medical checkup.	Currently receiving medical attention and treatment.	Had seen a medical institution within a year and had been treated.	Had seen and treated a medical professional within two years.	Had seen a health care provider more than two years ago and had been treated.	Have not visited a medical institution despite having been diagnosed or suspected during a medical checkup.	Currently receiving medical attention and treatment.	Had seen a medical institution within a year and had been treated.	Had seen and treated a medical professional within two years.	Had seen a health care provider more than two years ago and had been treated.
Dental maintenance (regular management)	1,740	32,953	17,242	2,965	5,832	4,337	68,390	33,981	6,028	11,574
Orthodontics	702	2,655	756	412	9,544	1,504	5,001	1,468	782	17,539
Cosmetic teeth whitening	276	1,191	1,163	530	2,621	701	2,600	2,262	1,009	4,751
Dental Implants	165	912	510	356	2,896	441	2,237	1,144	809	5,815

[Others]	MM panel					MM+partner panel				
	Have not visited a medical institution despite having been diagnosed or suspected during a medical checkup.	Currently receiving medical attention and treatment.	Had seen a medical institution within a year and had been treated.	Had seen and treated a medical professional within two years.	Had seen a health care provider more than two years ago and had been treated.	Have not visited a medical institution despite having been diagnosed or suspected during a medical checkup.	Currently receiving medical attention and treatment.	Had seen a medical institution within a year and had been treated.	Had seen and treated a medical professional within two years.	Had seen a health care provider more than two years ago and had been treated.
Injuries and illnesses requiring surgery	216	1,094	1,453	1,030	13,872	645	2,593	2,894	2,138	27,441
Hospitalization due to illness or surgery	231	1,344	2,145	1,406	16,864	715	3,239	4,109	2,790	32,005
Injury or illness requiring ICU (intensive care unit) treatment	65	212	234	175	2,119	220	595	461	344	4,242
Other illness	21	279	44	40	233	51	587	91	75	489



Disease Monitors

July 2024

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MM panel

222,678

MM+partner panel

540,093

■ Disease status (family member)

※Multiple answers (unit:person)

[Cardiovascular Diseases]	MM panel		MM+partner panel	
Hypertension		36,284		79,827
Angina pectoris		4,461		9,800
Myocardial infarction		5,298		11,571
Chronic cardiac failure(CHF)		1,241		2,766
Acute heart failure (HF)		1,162		2,520
Cardiac valvular disease		1,524		3,293
Antiarrhythmic		7,600		15,890
Atrial fibrillation (AF)		2,340		4,907
Cerebral infarction		36,284		18,889
Cerebral hemorrhage (CH)		4,461		11,266
Peripheral artery disease (PAD) /Arteriosclerosis obliterans (ASO)		5,298		408
Deep vein thrombosis (DVT)		1,241		369
Pulmonary emboli (PE)		1,162		372
Raynaud syndrome		1,524		597
Pulmonary arterial hypertension/PAH		7,600		340
Pulmonary hypertension (other than pulmonary arterial)		2,340		453
[Respiratory diseases]	MM panel		MM+partner panel	
Bronchial asthma		16,165		33,082
COPD (chronic obstructive pulmonary disease)		1,168		2,570
Chronic bronchitis		1,064		2,425
Acute upper respiratory tract infection (common cold)		4,252		7,993
Chronic bronchitis		2,711		5,042
Pneumonia		7,467		15,088
Sleep Apnea (SAS)		3,156		6,501
Chemical sensitivity(CS)		229		586
Pulmonary tuberculosis/Pulmonary TB		1,116		2,375
Interstitial pneumonia/pulmonary fibrosis		1,364		2,878



Disease Monitors

July 2024

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MM panel

222,678

MM+partner panel

540,093

■ Disease status (family member)

[Infectious diseases]		MM panel	MM+partner panel
Novel coronavirus infection (COVID-19)		64,274	131,155
Influenza		59,859	119,608
Respiratory Syncytial Virus Infections(RSV)		7,340	12,460
Norovirus infection		9,711	18,421
AIDS-HIV		145	379
Sexually transmitted diseases (STD)		370	774
[Digestive Diseases]		MM panel	MM+partner panel
Chronic gastritis		1,885	4,337
Reflux esophagitis/ Gastroesophageal reflux disease		7,032	14,432
Gastric ulcer		4,282	9,376
Duodenal ulcer		3,022	6,774
Acute gastroenteritis		2,819	5,426
Chronic pancreatitis		550	1,252
Hepatitis B		1,385	3,027
Hepatitis C		1,357	2,945
Cirrhosis		1,191	2,647
Ulcerative colitis		1,174	2,308
Crohn's disease		491	990
Diarrhoea		933	2,214
Constipation		3,673	8,212
Irritable bowel syndrome (IBS)		1,967	3,721
Hemorrhoids		7,705	15,465



Disease Monitors

July 2024

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MM panel222,678

MM+partner panel540,093

■ Disease status (family member)

[Endocrinology and Metabolism]	MM panel	MM+partner panel
Dyslipidemia (hyperlipidemia)	9,329	20,787
Familial hypercholesterolemia	2,531	5,815
Obesity	3,445	8,358
Type I diabetes	4,528	9,976
Type II diabetes mellitus	9,659	19,766
Non-alcoholic steatohepatitis (NASH)	354	775
Fatty liver (other than NASH)	1,938	4,038
Gout/Hyperuricemia	4,736	9,929
Short stature	445	941
Acromegaly	135	312
Thyroid disease	4,266	8,864
Climacteric disturbance(disorder)	4,875	10,677

[Immune and allergic system]	MM panel	MM+partner panel
Sjogren's syndrome	733	1,705
Systemic sclerosis	293	848
Systemic lupus erythematosus (SLE)	553	1,283



Disease Monitors

July 2024

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MM panel222,678MM+partner panel540,093

■ Disease status (family member)

[Psychiatry and Psychosomatic Medicine]	MM panel	MM+partner panel
Depression	9,830	20,326
Bipolar disorder	2,140	4,301
Social anxiety disorder	1,706	3,594
Adjustment Disorder	2,308	4,713
Obsessive-compulsive disorder (OCD)	716	1,439
Panic disorder	2,836	5,729
Post-traumatic stress disorderPTSD	512	1,126
Schizophrenia	2,054	4,229
Sleep disorders (insomnia)	2,095	4,615
Narcolepsy	166	383
Eating disorder (bulimia, anorexia)	515	1,098
Autism/autism spectrum disorder (ASD)	2,276	4,382
Attention-Deficit/Hyperactivity Disorder (ADHD)	2,205	4,277
Alcohol use disorder	1,276	2,902



Disease Monitors

July 2024

MCN has a panel of disease monitors who are surveyed about their disease status and disease awareness.

MM panel	222,678	MM+partner panel	540,093
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■ Disease status (family member)

[Diseases of the cranial nervous system]	MM panel	MM+partner panel
Chronic headache	1,925	4,426
Migraine	8,425	16,844
Dizziness	4,705	10,171
Epilepsy	2,870	5,992
Mild Cognitive Impairment (MCI)	912	2,149
Alzheimer's disease	4,130	8,687
Vascular dementia	638	1,382
Other dementias	1,136	2,461
Parkinson's disease	2,511	5,277
Restless Leg Syndrome(RLS)	573	1,125
Guillain-Barre syndrome	298	631
Myasthenia gravis	193	398
Fibromyalgia	228	441
Amyloidosis	132	290
Neuromyelitis optica(NMO)	94	208
Multiple sclerosis(MS)	197	397
Spinal muscular atrophy	113	251
Duchenne muscular dystrophy	77	172
Trigeminal neuralgia (facial neuralgia)	436	933
Neuropathic pain	166	422
Neuromuscular disorders(myopathy)	86	255
Diabetic neuropathy	500	1,194
Cancer pain	1,062	2,355



Disease Monitors

July 2024

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MM panel	222,678	MM+partner panel	540,093
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■ Disease status (family member)

[Diseases of the blood]	MM panel	MM+partner panel
iron-deficiency anemia	3,209	7,280
Hemophilia A	210	545
Hemophilia B	157	454
Septicemia	483	1,131
Paroxysmal nocturnal hemoglobinuria (PNH)	144	376
Myelofibrosis	161	433



Disease Monitors

July 2024

MCN has a panel of disease monitors who are surveyed about their disease status and disease awareness.

MM panel	222,678	MM+partner panel	540,093
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■ Disease status (family member)

[Cancer and Tumors]	MM panel	MM+partner panel
Lung cancer	8,147	17,443
Gastric cancer	10,780	22,783
Esophageal cancer	2,146	4,546
Colorectal cancer(CRC)	10,377	21,487
Liver cancer	2,730	5,828
Biliary tract cancer (bile duct cancer and cholangiocarcinoma)	1,176	2,531
Pancreatic cancer	2,920	6,105
Blood cancer (leukemia/malignant lymphoma)	1,812	3,758
Multiple myeloma	391	859
Aplastic anemia	204	470
Myelodysplastic syndrome	270	548
Head and neck cancer (tongue, oral cavity, pharyngeal cancer, etc.)	1,163	2,392
Thyroid cancer	1,414	2,918
Brain tumor	832	1,847
Kidney cancer	1,013	2,140
Bladder and Urinary Cancer	1,520	3,061
Prostate cancer	4,599	9,398
Skin cancer	644	1,376
Malignant melanoma (melanoma)	255	538
Breast cancer	9,007	18,259
Ovarian Cancer	1,017	2,223
Cervical cancer	2,612	5,502
Uterine corpus cancer	1,447	2,983



Disease Monitors

July 2024

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MM panel	222,678	MM+partner panel	540,093
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■ Disease status (family member)

[Kidney and urinary system]	MM panel	MM+partner panel
Kidney stones/ureteral stones	8,306	17,250
Benign prostatic hyperplasia (BPH)	2,888	6,307
ED	397	926
Pyelonephritis	1,400	2,929
Urinary tract infection (cystitis/urethritis)	2,025	3,923
chronic kidney disease (CKD)	767	1,684
kidney failure (With dialysis)	1,405	2,988
Diabetic nephropathy	583	1,333
Nephrosclerosis	98	242
Nephrotic syndrome	544	1,121
Anemia of Renal Disease	136	347
Hyperphosphatemia	96	231
Dysuria	327	776
Pollakiuria	1,000	2,168
Urinary incontinence	712	1,650
Overactive bladder (OAB)	631	1,324

[Gynecological disorders]	MM panel	MM+partner panel
Endometriosis	2,903	6,060
Uterine fibroid	9,557	19,490
Infertility	824	1,725
Irregular periods	2,349	5,033
Premenstrual syndrome (PMS)	1,558	2,937
Ovarian cyst	1,999	4,119



Disease Monitors

July 2024

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MM panel	222,678	MM+partner panel	540,093
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■ Disease status (family member)

[Diseases of the musculoskeletal and osteoarticular system]	MM panel	MM+partner panel
Back pain	18,087	39,100
Cervicobrachial syndrome	538	1,319
Osteoarthritis (knee)	4,545	9,915
Osteoarthritis (other than knees)	1,318	2,866
Spondylosis deformans	735	1,612
Osteoporosis	3,580	7,539
Rheumatoid arthritis	4,343	9,023
Herniated disc	7,754	15,798
Sarcopenia	170	379



Disease Monitors

July 2024

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MM panel	222,678	MM+partner panel	540,093
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■ Disease status (family member)

[Dermatological Diseases]	MM panel	MM+partner panel
Acne	12,035	23,359
Eczema / Dermatitis	11,100	21,424
Atopic dermatitis	14,902	29,541
urticaria	10,471	19,775
Alopecia (other than alopecia areata)	752	1,561
alopecia areata	2,183	4,315
Hyperhidrosis (armpit)	796	1,737
Hyperhidrosis (other than armpit)	880	1,813
Pyoderma (pyoderma)	161	375
Decubitus ulcers (bedsores)	994	2,119
Herpes (herpes simplex)	6,254	12,313
Herpes zoster (shingles)	13,559	26,520
Psoriasis vulgaris	724	1,447
Psoriatic arthritis	146	319
Other psoriasis	277	586
Tinea (athlete's foot, ringworm, etc.)	9,025	18,314
Tinea Nails (Onychomycosis)	4,171	8,787

[Otolaryngological disorders]	MM panel	MM+partner panel
Pollen allergy/allergic rhinitis (seasonal)	49,835	99,330
Allergic rhinitis	20,393	38,887
Sinus Infection (maxillary empyema)	10,300	19,173
Xerostomia (dry mouth)	587	1,284
Stomatitis	8,729	16,659
Middle ear infection	13,169	23,806
Meniere's disease	5,266	10,678
Hearing loss	3,611	7,249



Disease Monitors

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MM panel	222,678	MM+partner panel	540,093
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■ Disease status (family member)

[Ophthalmic Diseases]	MM panel	MM+partner panel
Dry eye	8,202	17,192
Allergic conjunctivitis	8,003	15,100
Cataract	21,157	44,629
Glaucoma	9,652	20,077
Age-related macular degeneration (AMD)	1,593	3,373
Diabetic Retinopathy	811	1,788
[Diseases of the dental system]		
Dental maintenance (regular management)	41,389	85,430
Orthodontics	12,702	25,126
Cosmetic teeth whitening	2,381	5,113
Dental Implants	4,341	9,173
[Others]		
Injuries and illnesses requiring surgery	17,647	35,007
Hospitalization due to illness or surgery	23,806	46,065
Injury or illness requiring ICU (intensive care unit) treatment	5,007	10,148
Other illness	224	478



Disease Monitors

July 2024

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MM panel

222,678

MM+partner panel

540,093

■ Patient Disease Status (personal condition)

※Multiple answers (unit:person)

[Fatigue and Stress]	MM panel	MM+partner panel
Fatigue and tiredness	78,863	166,193
Depressed, anxious, angry, or mood swings	31,765	62,774
Stress due to the occurrence of symptoms such as itching, fever, shortness of breath, pain, etc.	14,033	30,147
Stress due to restrictions on diet or other restrictions to improve symptoms.	4,013	8,841

[Pain/itching]	MM panel	MM+partner panel
Headache	40,379	79,521
Itching, eczema	27,872	60,386
Numbness	9,198	21,096
Coldness and swelling	31,618	58,766
Stiff shoulders, stiff neck, back pain	72,006	147,719
Back pain, abdominal pain	59,519	124,812
Arthralgia	22,020	46,120
Myalgia	7,709	16,162

[Common cold symptoms]	MM panel	MM+partner panel
Cough	12,270	27,493
Runny nose, nasal congestion	24,967	53,866
Dyspnea/seizures	1,605	3,790
Palpitations, shortness of breath	9,815	20,345
Fever	1,666	3,537
Night sweats and perspiration	9,768	20,976
Thirsty mouth/thirst	14,490	31,341



Disease Monitors

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MM panel	222,678	MM+partner panel	540,093
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■ Patient Disease Status (personal condition)

	MM panel	MM+partner panel
[Gastrointestinal symptoms]		
Heartburn	11,349	25,535
Nausea	6,255	12,927
Loss of appetite	5,486	11,699
Constipation/diarrhea	38,808	81,093
[One's lifestyle]		
Overweight/obese	54,001	120,631
Elevated blood sugar and lipids	25,672	59,627
Weight loss	4,919	10,668
Lack of sleep	50,089	107,328
Drowsiness, excessive sleeping	20,440	40,963
[Eye, ear, and skin conditions]		
Dizziness, dizziness on standing	25,496	51,237
Blurred vision and vision loss	42,793	89,241
Tinnitus	19,095	40,699
Excessive sweating	15,138	33,060



Disease Monitors

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■ Patient Disease Status (personal condition)

[Urinary symptoms]		MM panel	MM+partner panel
Leakage/Incontinence		13,859	29,047
Sudden and frequent urinary urgency		9,618	22,783
Difficult in urination		4,580	10,772
[Mental and Consciousness Symptoms]		MM panel	MM+partner panel
Hallucinations, delusions, auditory hallucinations		1,335	3,126
Decreased memory		27,914	57,589
Cognitive decline		5,537	12,130
Decreased concentration and motivation		25,523	53,889
Disturbance of consciousness		581	1,457
[None]		MM panel	MM+partner panel
No symptoms or health concerns		39,599	115,148