



Disease Monitors

July 2025

MCN has a panel of disease monitors who are surveyed about their disease status and disease awareness.

MM panel

185,725

MM+partner panel

350,331

■ Patient Disease Status (personal condition)

※Single answer (unit : person)

[Cardiovascular Diseases]	MM panel					MM+partner panel				
	Have not visited a medical institution despite having been diagnosed or suspected during a medical checkup.	Currently receiving medical attention and treatment.	Had seen a medical institution within a year and had been treated.	Had seen and treated a medical professional within two years.	Had seen a health care provider more than two years ago and had been treated.	Have not visited a medical institution despite having been diagnosed or suspected during a medical checkup.	Currently receiving medical attention and treatment.	Had seen a medical institution within a year and had been treated.	Had seen and treated a medical professional within two years.	Had seen a health care provider more than two years ago and had been treated.
Hypertension	2,693	22,340	914	333	1,766	5,443	43,985	1,608	612	3,118
Angina pectoris	255	1,387	150	91	564	517	2,711	267	162	1,026
Myocardial infarction	86	787	87	61	425	215	1,700	196	138	754
Chronic cardiac failure(CHF)	44	399	54	34	44	93	764	97	75	88
Acute heart failure (HF)	32	155	49	34	112	76	326	90	74	203
Cardiac valvular disease	131	291	54	32	197	211	563	103	59	347
Antiarrhythmic	1,960	2,013	360	216	1,934	3,533	3,755	602	385	3,314
Atrial fibrillation (AF)	160	947	139	92	536	347	1,742	229	179	1,012
Cerebral infarction	87	850	100	68	712	171	1,670	206	129	1,277
Cerebral hemorrhage (CH)	37	276	56	48	636	79	550	108	86	1,124
Peripheral artery disease (PAD) /Arteriosclerosis obliterans (ASO)	25	46	17	6	22	41	95	27	14	38
Deep vein thrombosis (DVT)	15	57	20	15	48	28	110	32	24	95
Pulmonary emboli (PE)	13	41	21	14	37	34	82	32	28	76
Raynaud syndrome	99	175	38	14	61	167	287	58	31	112
Pulmonary arterial hypertension/PAH	19	27	12	13	8	34	56	21	21	21
Pulmonary hypertension (other than pulmonary arterial)	17	32	13	4	16	35	75	20	10	30

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[Respiratory diseases]	MM panel					MM+partner panel				
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Bronchial asthma	961	3,734	1,690	682	7,310	1,860	6,558	2,559	1,021	11,925
COPD (chronic obstructive pulmonary disease)	241	445	74	31	151	496	871	144	70	254
Chronic bronchitis	157	270	174	83	414	304	566	291	126	769
Acute upper respiratory tract infection (common cold)	210	150	1,773	483	2,070	390	270	2,615	754	3,296
Chronic bronchitis	153	158	758	265	2,404	320	307	1,055	397	3,782
Pneumonia	186	175	637	263	4,870	397	409	1,062	460	8,025
Sleep Apnea (SAS)	589	1,529	106	85	676	1,086	2,923	190	145	1,175
Chemical sensitivity(CS)	91	45	25	19	77	158	102	47	35	135
Pulmonary tuberculosis/Pulmonary TB	47	26	17	11	435	100	61	25	28	810
Interstitial pneumonia/pulmonary fibrosis	47	235	30	17	93	86	416	55	28	180

[Infectious diseases]	MM panel					MM+partner panel				
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Novel coronavirus infection (COVID-19)	2,334	538	8,948	10,513	28,262	4,367	1,075	14,687	16,795	46,457
Influenza	1,389	438	8,086	6,000	42,009	2,848	962	12,981	9,255	68,459
Respiratory Syncytial Virus Infections(RSV)	85	63	172	150	597	183	161	273	208	809
Norovirus infection	264	69	649	378	5,792	502	170	967	577	8,790
AIDS-HIV	28	83	27	19	24	64	166	53	30	51
Sexually transmitted diseases (STD)	39	49	193	110	1,073	79	100	283	161	1,632

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[Digestive Diseases]	MM panel					MM+partner panel				
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Chronic gastritis	1,058	1,058	385	179	1,598	2,007	1,960	637	311	2,583
Reflux esophagitis/ Gastroesophageal reflux disease	2,878	3,659	1,110	699	5,049	5,303	6,679	1,773	1,101	8,199
Gastric ulcer	438	388	223	147	4,140	876	854	453	287	7,623
Duodenal ulcer	454	281	149	133	4,584	917	632	270	257	8,702
Acute gastroenteritis	197	127	718	374	3,494	375	263	1,040	558	5,392
Chronic pancreatitis	43	142	39	37	212	93	307	74	62	386
Hepatitis B	196	271	42	30	290	370	525	59	53	546
Hepatitis C	51	49	29	20	362	101	115	49	36	663
Cirrhosis	54	168	18	14	63	110	329	35	30	113
Ulcerative colitis	42	690	47	23	213	84	1,248	99	44	399
Crohn's disease	26	165	20	8	34	45	298	25	24	63
Diarrhoea	380	315	172	77	371	760	656	284	125	614
Constipation	1,327	2,027	466	175	1,103	2,355	3,672	699	275	1,682
Irritable bowel syndrome (IBS)	755	1,077	370	222	2,159	1,096	1,847	530	328	3,217
Hemorrhoids	1,872	719	931	544	6,336	3,270	1,243	1,423	869	10,512

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[Endocrinology and Metabolism]	MM panel					MM+partner panel				
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Dyslipidemia (hyperlipidemia)	3,906	10,707	491	207	1,270	7,079	20,483	833	377	2,281
Familial hypercholesterolemia	648	1,602	151	55	185	1,187	3,013	252	104	320
Obesity	2,274	1,284	123	79	225	4,327	2,758	256	152	418
Type I diabetes	112	1,019	75	37	70	235	2,367	141	72	175
Type II diabetes mellitus	321	7,308	225	93	550	578	13,552	363	159	917
Non-alcoholic steatohepatitis (NASH) /Metabolic Dysfunction Associated Steatotohepatitis (MASH)	200	205	68	33	96	330	383	106	56	161
Fatty liver (other than NASH,MASH)	2,334	1,355	134	76	627	4,197	2,608	245	134	1,172
Gout/Hyperuricemia	389	3,563	241	120	969	794	7,072	407	253	1,816
Short stature	54	17	13	12	62	85	48	23	17	100
Acromegaly	15	22	14	12	12	32	48	30	23	20
Thyroid disease	386	2,574	255	109	1,370	624	4,276	370	190	2,199
Climacteric disturbance(disorder)	970	1,390	323	205	1,184	1,631	2,282	483	314	1,887

[Immune and allergic system]	MM panel					MM+partner panel				
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Sjogren's syndrome	179	319	40	18	67	354	534	65	34	106
Systemic sclerosis	94	170	48	21	23	222	383	102	47	41
Systemic lupus erythematosus (SLE)	64	321	47	27	68	128	592	92	56	100

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[Psychiatry and Psychosomatic Medicine]	MM panel					MM+partner panel				
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Depression	665	6,099	647	346	4,838	1,259	11,084	1,042	539	7,965
Bipolar disorder	227	1,682	141	77	535	449	2,883	219	129	833
Social anxiety disorder	300	2,375	249	164	1,215	503	4,094	402	250	1,792
Adjustment Disorder	316	1,471	498	312	1,784	525	2,699	753	457	2,840
Obsessive-compulsive disorder (OCD)	156	553	89	52	298	251	1,035	139	82	464
Panic disorder	326	1,906	202	128	1,429	514	3,264	294	198	2,211
Post-traumatic stress disorderPTSD)	138	510	55	45	290	216	943	94	64	447
Schizophrenia	95	950	62	40	314	160	1,730	91	66	524
Sleep disorders (insomnia)	380	3,225	252	120	1,019	650	5,471	386	194	1,574
Narcolepsy	43	59	11	14	42	64	101	29	28	71
Eating disorder (bulimia, anorexia)	169	374	53	30	559	301	664	76	53	851
Autism/autism spectrum disorder (ASD)	137	528	39	20	114	223	943	63	36	189
Attention-Deficit/Hyperactivity Disorder (ADHD)	259	723	61	37	206	410	1,243	94	57	324
Alcohol use disorder	164	175	22	22	197	336	381	54	45	364

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[Diseases of the cranial nervous system]	MM panel					MM+partner panel				
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Chronic headache	830	951	299	118	938	1,415	1,762	450	185	1,486
Migraine	4,192	2,905	1,194	580	5,261	6,448	4,977	1,776	855	7,854
Dizziness	1,487	1,672	1,311	728	3,755	2,478	2,989	2,093	1,191	5,843
Epilepsy	123	688	70	45	477	202	1,280	132	95	794
Mild Cognitive Impairment (MCI)	41	68	46	31	21	87	125	76	56	41
Alzheimer's disease	31	36	44	26	9	69	77	74	43	19
Vascular dementia	24	38	28	23	11	45	74	46	39	27
Other dementias	22	16	20	11	10	36	32	28	19	21
Parkinson's disease	21	120	11	5	20	46	245	19	13	32
Restless Leg Syndrome(RLS)	297	218	68	39	282	429	401	96	60	432
Guillain-Barre syndrome	14	22	9	7	75	29	45	20	12	162
Myasthenia gravis	11	81	13	7	25	29	145	18	15	39
Fibromyalgia	27	148	12	7	70	45	270	22	20	121
Amyloidosis	15	11	16	4	6	31	43	23	12	13
Neuromyelitis optica(NMO)	10	43	7	12	6	25	82	16	18	17
Multiple sclerosis(MS)	20	109	16	5	31	38	178	29	14	46
Spinal muscular atrophy	12	32	8	6	7	24	68	13	12	15
Duchenne muscular dystrophy	13	18	8	9	8	26	36	19	19	12
Trigeminal neuralgia (facial neuralgia)	52	92	43	20	307	92	175	75	42	524
Neuropathic pain	28	205	33	21	91	48	379	62	41	169
Neuromuscular disorders(myopathy)	16	36	8	4	15	30	64	18	19	19
Diabetic neuropathy	50	192	19	13	50	106	407	32	18	87
Cancer pain	23	89	21	15	57	41	193	38	28	108

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[Cancer and Tumors]	MM panel					MM+partner panel				
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Lung cancer	131	314	73	48	316	309	633	144	86	615
Gastric cancer	148	219	111	85	810	321	524	207	154	1,455
Esophageal cancer	53	160	68	41	145	120	330	132	93	273
Colorectal cancer(CRC)	120	331	256	155	1,317	279	720	458	321	2,383
Liver cancer	34	119	53	40	73	72	237	95	66	147
Biliary tract cancer (bile duct cancer and cholangiocarcinoma)	19	49	36	25	52	38	99	60	40	87
Pancreatic cancer	24	80	28	22	56	46	157	53	32	96
Blood cancer (leukemia/malignant lymphoma)	20	192	29	22	255	45	348	48	42	446
Multiple myeloma	14	46	6	5	13	28	92	23	12	24
Aplastic anemia	18	37	14	6	12	40	65	24	12	24
Myelodysplastic syndrome	11	36	9	3	7	26	64	19	8	11
Head and neck cancer (tongue, oral cavity, pharyngeal cancer, etc.)	10	82	26	14	165	24	188	50	35	315
Thyroid cancer	30	180	30	23	260	55	337	60	34	461
Brain tumor	16	82	17	12	108	32	153	33	21	178
Kidney cancer	13	90	24	21	214	28	188	51	50	402
Bladder and Urinary Cancer	20	123	38	25	234	33	258	71	63	409
Prostate cancer	88	574	103	81	601	160	1,018	188	135	1,051
Skin cancer	11	43	29	20	101	27	87	42	32	188
Malignant melanoma (melanoma)	13	10	8	6	55	30	24	16	17	90
Breast cancer	99	763	132	71	995	175	1,284	226	109	1,656
Ovarian Cancer	14	56	22	10	163	24	86	30	19	262
Cervical cancer	97	287	152	83	967	143	413	209	117	1,492
Uterine corpus cancer	24	74	24	19	230	41	128	40	31	376

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[Kidney and urinary system]	MM panel					MM+partner panel				
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Kidney stones/ureteral stones	872	556	611	472	7,090	1,776	1,221	1,128	890	13,188
Benign prostatic hyperplasia (BPH)	561	1,990	199	138	882	1,085	3,651	356	249	1,497
ED	513	289	109	64	365	913	572	188	115	597
Pyelonephritis	83	84	153	102	1,947	177	193	259	164	3,021
Urinary tract infection (cystitis/urethritis)	104	127	476	272	2,285	193	268	717	434	3,403
chronic kidney disease (CKD)	109	682	46	24	120	189	1,236	96	48	204
kidney failure (With dialysis)	26	277	35	17	52	55	556	58	29	92
Diabetic nephropathy	30	168	17	14	25	64	340	40	25	48
Nephrosclerosis	16	30	14	10	10	29	67	18	16	17
Nephrotic syndrome	16	118	13	5	192	33	197	25	12	314
Anemia of Renal Disease	19	93	10	8	21	30	149	19	21	34
Hyperphosphatemia	10	30	9	6	11	20	65	16	15	18
Dysuria	40	181	41	26	103	78	350	65	40	153
Pollakiuria	354	681	124	70	273	622	1,228	205	121	485
Urinary incontinence	217	201	44	15	113	403	403	76	41	190
Overactive bladder (OAB)	105	458	104	54	385	189	794	176	87	587

[Gynecological disorders]	MM panel					MM+partner panel				
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Endometriosis	491	1,780	298	192	2,818	784	2,669	456	262	4,375
Uterine fibroid	2,729	2,290	574	328	4,812	4,129	3,607	911	501	7,719
Infertility	98	379	250	220	1,629	153	551	343	297	2,263
Irregular periods	1,168	1,473	628	323	2,731	1,644	2,120	839	431	3,880
Premenstrual syndrome (PMS)	1,323	1,975	465	251	1,733	1,800	2,703	603	327	2,358
Ovarian cyst	220	652	190	132	2,785	332	961	289	192	4,303

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[Diseases of the musculoskeletal and osteoarticular system]	MM panel					MM+partner panel				
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Back pain	5,537	5,630	3,639	1,851	13,655	9,976	10,528	6,227	3,268	23,293
Cervicobrachial syndrome	144	202	118	61	415	301	443	201	101	703
Osteoarthritis (knee)	441	1,543	587	355	1,898	852	2,794	1,001	635	3,163
Osteoarthritis (other than knees)	177	571	197	114	629	337	1,035	337	216	1,043
Spondylosis deformans	106	243	77	47	188	205	475	130	89	308
Osteoporosis	200	1,450	99	64	226	327	2,433	164	116	380
Rheumatoid arthritis	120	1,016	96	41	292	221	1,805	141	72	467
Herniated disc	639	1,498	712	498	6,879	1,190	2,883	1,212	853	12,067
Sarcopenia	18	17	9	5	5	39	32	19	15	8

[Diseases of the blood]	MM panel					MM+partner panel				
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iron-deficiency anemia	1,930	1,507	1,004	535	4,704	3,126	2,483	1,411	797	7,414
Hemophilia A	99	106	33	16	16	206	240	76	36	32
Hemophilia B	53	102	56	28	17	125	229	118	62	33
Septicemia	42	64	57	33	101	94	139	103	75	185
Paroxysmal nocturnal hemoglobinuria (PNH)	16	34	31	30	12	43	65	67	62	20
Myelofibrosis	31	25	31	11	11	50	54	46	25	25

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■Patient Disease Status (personal condition)

[Dermatological Diseases]	MM panel					MM+partner panel				
	Have not visited a medical institution despite having been diagnosed or suspected during a medical checkup.	Currently receiving medical attention and treatment.	Had seen a medical institution within a year and had been treated.	Had seen and treated a medical professional within two years.	Had seen a health care provider more than two years ago and had been treated.	Have not visited a medical institution despite having been diagnosed or suspected during a medical checkup.	Currently receiving medical attention and treatment.	Had seen a medical institution within a year and had been treated.	Had seen and treated a medical professional within two years.	Had seen a health care provider more than two years ago and had been treated.
Acne	3,981	1,931	2,035	851	8,885	6,171	2,971	2,812	1,139	12,943
Eczema / Dermatitis	1,258	3,052	3,303	1,299	7,169	2,094	5,231	4,986	1,938	10,891
Atopic dermatitis	967	3,563	1,266	495	6,883	1,690	6,161	1,981	778	10,789
urticaria	1,181	2,017	1,746	909	11,249	1,880	3,376	2,597	1,387	17,049
Alopecia (other than alopecia areata)	210	130	67	32	301	387	249	125	66	493
alopecia areata	498	228	178	131	2,333	864	391	292	218	3,697
Hyperhidrosis (armpit)	802	238	171	99	456	1,352	399	256	135	675
Hyperhidrosis (other than armpit)	816	213	126	50	350	1,348	359	186	88	537
Pyoderma (pyoderma)	35	41	25	18	94	64	79	51	38	159
Decubitus ulcers (bedsores)	45	23	35	20	105	77	57	52	37	180
Herpes (herpes simplex)	868	312	1,345	584	5,451	1,465	559	2,042	896	8,482
Herpes zoster (shingles)	230	207	1,226	991	10,642	491	443	2,018	1,714	17,260
Psoriasis vulgaris	65	470	83	43	336	116	833	141	75	545
Psoriatic arthritis	21	70	19	12	24	38	155	30	18	37
Other psoriasis	33	108	40	35	146	60	211	70	50	248
Tinea (athlete's foot, ringworm, etc.)	1,565	1,053	702	540	7,127	2,942	1,964	1,236	948	11,974
Tinea Nails (Onychomycosis)	834	932	353	290	3,382	1,666	1,748	630	563	5,654

[Otolaryngological disorders]	MM panel					MM+partner panel				
	Have not visited a medical institution despite having been diagnosed or suspected during a medical checkup.	Currently receiving medical attention and treatment.	Had seen a medical institution within a year and had been treated.	Had seen and treated a medical professional within two years.	Had seen a health care provider more than two years ago and had been treated.	Have not visited a medical institution despite having been diagnosed or suspected during a medical checkup.	Currently receiving medical attention and treatment.	Had seen a medical institution within a year and had been treated.	Had seen and treated a medical professional within two years.	Had seen a health care provider more than two years ago and had been treated.
Pollen allergy/allergic rhinitis (seasonal)	8,073	8,462	13,617	2,115	14,134	13,970	14,790	21,370	3,248	22,676
Allergic rhinitis	3,361	5,151	3,508	824	7,625	5,566	8,669	5,185	1,219	11,873
Sinus Infection (maxillary empyema)	1,000	1,451	3,493	1,260	7,665	1,697	2,469	4,990	1,802	11,929
Xerostomia (dry mouth)	271	156	75	35	128	472	280	134	61	214
Stomatitis	4,401	420	1,361	511	5,167	6,653	786	2,058	772	7,894
Middle ear infection	503	283	760	449	12,908	876	510	1,179	703	20,269
Meniere's disease	239	471	453	285	2,796	422	813	677	453	4,440
Hearing loss	796	543	443	302	2,437	1,402	968	704	464	3,866

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Disease Monitors

July 2025

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MCN has a panel of disease monitors who are surveyed about their disease status and disease awareness.

MM panel

185,725

MM+partner panel

350,331

■ Patient Disease Status (personal condition)

[Ophthalmic Diseases]	MM panel					MM+partner panel				
	Have not visited a medical institution despite having been diagnosed or suspected during a medical checkup.	Currently receiving medical attention and treatment.	Had seen a medical institution within a year and had been treated.	Had seen and treated a medical professional within two years.	Had seen a health care provider more than two years ago and had been treated.	Have not visited a medical institution despite having been diagnosed or suspected during a medical checkup.	Currently receiving medical attention and treatment.	Had seen a medical institution within a year and had been treated.	Had seen and treated a medical professional within two years.	Had seen a health care provider more than two years ago and had been treated.
Dry eye	4,027	5,475	2,815	1,150	6,649	6,386	9,301	4,206	1,778	10,148
Allergic conjunctivitis	934	1,306	2,355	828	7,144	1,491	2,210	3,392	1,193	10,747
Cataract	1,032	3,250	1,058	808	4,488	1,889	6,092	1,830	1,501	7,769
Glaucoma	418	5,171	320	128	585	785	9,536	528	219	1,067
Age-related macular degeneration (AMD)	215	533	112	64	372	382	955	195	122	632
Diabetic Retinopathy	46	347	52	19	134	85	668	80	48	246

[Diseases of the dental system]	MM panel					MM+partner panel				
	Have not visited a medical institution despite having been diagnosed or suspected during a medical checkup.	Currently receiving medical attention and treatment.	Had seen a medical institution within a year and had been treated.	Had seen and treated a medical professional within two years.	Had seen a health care provider more than two years ago and had been treated.	Have not visited a medical institution despite having been diagnosed or suspected during a medical checkup.	Currently receiving medical attention and treatment.	Had seen a medical institution within a year and had been treated.	Had seen and treated a medical professional within two years.	Had seen a health care provider more than two years ago and had been treated.
Dental maintenance (regular management)	1,446	29,451	14,146	2,447	4,673	2,698	50,262	22,420	3,899	7,780
Orthodontics	566	1,992	666	346	7,861	938	3,053	1,006	530	11,826
Cosmetic teeth whitening	221	1,009	1,007	514	2,205	418	1,814	1,576	768	3,340
Dental Implants	125	877	471	329	2,574	259	1,719	884	580	4,529

[Others]	MM panel					MM+partner panel				
	Have not visited a medical institution despite having been diagnosed or suspected during a medical checkup.	Currently receiving medical attention and treatment.	Had seen a medical institution within a year and had been treated.	Had seen and treated a medical professional within two years.	Had seen a health care provider more than two years ago and had been treated.	Have not visited a medical institution despite having been diagnosed or suspected during a medical checkup.	Currently receiving medical attention and treatment.	Had seen a medical institution within a year and had been treated.	Had seen and treated a medical professional within two years.	Had seen a health care provider more than two years ago and had been treated.
Injuries and illnesses requiring surgery	225	989	1,314	839	12,835	449	1,871	2,198	1,507	21,145
Hospitalization due to illness or surgery	215	1,175	2,006	1,162	15,347	458	2,265	3,148	2,024	24,713
Injury or illness requiring ICU (intensive care unit) treatment	70	205	218	143	1,939	162	415	388	266	3,265
Other designated intractable diseases and acute/chronic illnesses	17	627	30	19	192	36	1,012	52	24	308

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■ Disease status (family member)

※Multiple answers (unit:person)

[Cardiovascular Diseases]	MM panel		MM+partner panel	
Hypertension		31,460		55,681
Angina pectoris		3,723		6,713
Myocardial infarction		4,608		7,958
Chronic cardiac failure(CHF)		1,174		2,129
Acute heart failure (HF)		1,007		1,770
Cardiac valvular disease		1,316		2,262
Antiarrhythmic		6,177		10,473
Atrial fibrillation (AF)		2,094		3,633
Cerebral infarction		7,550		12,963
Cerebral hemorrhage (CH)		4,470		7,664
Peripheral artery disease (PAD) /Arteriosclerosis obliterans (ASO)		151		283
Deep vein thrombosis (DVT)		134		256
Pulmonary emboli (PE)		143		281
Raynaud syndrome		217		404
Pulmonary arterial hypertension/PAH		109		222
Pulmonary hypertension (other than pulmonary arterial)		168		321
[Respiratory diseases]	MM panel		MM+partner panel	
Bronchial asthma		13,192		20,961
COPD (chronic obstructive pulmonary disease)		1,070		1,927
Chronic bronchitis		893		1,561
Acute upper respiratory tract infection (common cold)		3,629		5,579
Chronic bronchitis		2,155		3,258
Pneumonia		6,432		10,479
Sleep Apnea (SAS)		2,725		4,361
Chemical sensitivity(CS)		197		396
Pulmonary tuberculosis/Pulmonary TB		863		1,611
Interstitial pneumonia/pulmonary fibrosis		1,291		2,142

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■ Disease status (family member)

	MM panel	MM+partner panel
[Infectious diseases]		
Novel coronavirus infection (COVID-19)	53,618	87,612
Influenza	51,017	82,093
Respiratory Syncytial Virus Infections(RSV)	5,073	6,924
Norovirus infection	8,160	12,251
AIDS-HIV	157	315
Sexually transmitted diseases (STD)	299	512
[Digestive Diseases]		
Chronic gastritis	1,534	2,828
Reflux esophagitis/ Gastroesophageal reflux disease	5,708	9,487
Gastric ulcer	3,588	6,260
Duodenal ulcer	2,571	4,544
Acute gastroenteritis	2,086	3,219
Chronic pancreatitis	430	819
Hepatitis B	1,150	1,964
Hepatitis C	1,162	1,976
Cirrhosis	1,011	1,786
Ulcerative colitis	988	1,605
Crohn's disease	431	710
Diarrhoea	692	1,295
Constipation	2,925	5,370
Irritable bowel syndrome (IBS)	1,678	2,546
Hemorrhoids	6,059	9,956

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■ Disease status (family member)

[Endocrinology and Metabolism]		MM panel	MM+partner panel
Dyslipidemia (hyperlipidemia)		8,051	14,361
Familial hypercholesterolemia		2,232	4,060
Obesity		2,712	4,830
Type I diabetes		3,751	6,615
Type II diabetes mellitus		8,575	14,358
Non-alcoholic steatohepatitis (NASH) /Metabolic Dysfunction Associated Steatotohepatitis (MASH)		313	538
Fatty liver (other than NASH,MASH)		1,801	3,046
Gout/Hyperuricemia		3,866	6,458
Short stature		355	591
Acromegaly		105	209
Thyroid disease		3,778	6,224
Climacteric disturbance(disorder)		3,943	6,828
[Immune and allergic system]			
Sjogren's syndrome		638	1,214
Systemic sclerosis		279	624
Systemic lupus erythematosus (SLE)		524	954

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[Psychiatry and Psychosomatic Medicine]	MM panel	MM+partner panel
Depression	8,152	13,485
Bipolar disorder	2,026	3,322
Social anxiety disorder	1,418	2,454
Adjustment Disorder	2,012	3,263
Obsessive-compulsive disorder (OCD)	624	1,068
Panic disorder	2,263	3,719
Post-traumatic stress disorderPTSD)	397	707
Schizophrenia	1,712	2,901
Sleep disorders (insomnia)	1,627	2,824
Narcolepsy	176	319
Eating disorder (bulimia, anorexia)	458	809
Autism/autism spectrum disorder (ASD)	2,051	3,172
Attention-Deficit/Hyperactivity Disorder (ADHD)	1,930	2,936
Alcohol use disorder	1,065	1,864

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■ Disease status (family member)

[Diseases of the cranial nervous system]	MM panel	MM+partner panel
Chronic headache	1,542	2,681
Migraine	6,541	10,332
Dizziness	3,763	6,350
Epilepsy	2,449	3,977
Mild Cognitive Impairment (MCI)	892	1,672
Alzheimer's disease	3,683	6,374
Vascular dementia	535	985
Other dementias	997	1,722
Parkinson's disease	2,199	3,648
Restless Leg Syndrome(RLS)	448	725
Guillain-Barre syndrome	267	462
Myasthenia gravis	161	286
Fibromyalgia	162	301
Amyloidosis	121	228
Neuromyelitis optica(NMO)	59	118
Multiple sclerosis(MS)	157	286
Spinal muscular atrophy	99	178
Duchenne muscular dystrophy	68	142
Trigeminal neuralgia (facial neuralgia)	331	608
Neuropathic pain	140	272
Neuromuscular disorders(myopathy)	92	184
Diabetic neuropathy	394	729
Cancer pain	941	1,663

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■ Disease status (family member)

[Diseases of the blood]	MM panel	MM+partner panel
iron-deficiency anemia	2,460	4,207
Hemophilia A	181	382
Hemophilia B	152	326
Septicemia	419	783
Paroxysmal nocturnal hemoglobinuria (PNH)	120	275
Myelofibrosis	144	317

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■ Disease status (family member)

[Cancer and Tumors]	MM panel	MM+partner panel
Lung cancer	7,153	12,221
Gastric cancer	9,366	15,737
Esophageal cancer	1,952	3,362
Colorectal cancer(CRC)	9,180	15,314
Liver cancer	2,387	4,081
Biliary tract cancer (bile duct cancer and cholangiocarcinoma)	1,036	1,875
Pancreatic cancer	2,612	4,383
Blood cancer (leukemia/malignant lymphoma)	1,614	2,630
Multiple myeloma	340	589
Aplastic anemia	179	330
Myelodysplastic syndrome	210	392
Head and neck cancer (tongue, oral cavity, pharyngeal cancer, etc.)	977	1,607
Thyroid cancer	1,166	1,982
Brain tumor	699	1,211
Kidney cancer	916	1,545
Bladder and Urinary Cancer	1,400	2,343
Prostate cancer	4,051	6,812
Skin cancer	574	1,005
Malignant melanoma (melanoma)	222	400
Breast cancer	7,788	12,839
Ovarian Cancer	924	1,544
Cervical cancer	2,236	3,641
Uterine corpus cancer	1,156	1,951

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MM panel 185,725 MM+partner panel 350,331

■ Disease status (family member)

[Kidney and urinary system]	MM panel	MM+partner panel
Kidney stones/ureteral stones	6,703	11,307
Benign prostatic hyperplasia (BPH)	2,379	4,210
ED	282	578
Pyelonephritis	1,183	1,974
Urinary tract infection (cystitis/urethritis)	1,596	2,597
chronic kidney disease (CKD)	673	1,170
kidney failure (With dialysis)	1,168	1,998
Diabetic nephropathy	470	854
Nephrosclerosis	77	160
Nephrotic syndrome	458	761
Anemia of Renal Disease	126	244
Hyperphosphatemia	81	168
Dysuria	263	515
Pollakiuria	742	1,353
Urinary incontinence	549	1,080
Overactive bladder (OAB)	478	870

[Gynecological disorders]	MM panel	MM+partner panel
Endometriosis	2,391	3,961
Uterine fibroid	8,121	13,341
Infertility	652	1,108
Irregular periods	1,713	2,807
Premenstrual syndrome (PMS)	1,170	1,753
Ovarian cyst	1,650	2,706

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MM panel	185,725	MM+partner panel	350,331
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■ Disease status (family member)

[Diseases of the musculoskeletal and osteoarticular system]	MM panel	MM+partner panel
Back pain	14,324	24,877
Cervicobrachial syndrome	414	768
Osteoarthritis (knee)	3,875	6,777
Osteoarthritis (other than knees)	1,155	2,010
Spondylosis deformans	595	1,127
Osteoporosis	3,177	5,523
Rheumatoid arthritis	3,691	6,106
Herniated disc	6,143	9,923
Sarcopenia	121	253

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■ Disease status (family member)

[Dermatological Diseases]	MM panel	MM+partner panel
Acne	9,595	14,236
Eczema / Dermatitis	8,908	13,327
Atopic dermatitis	11,847	18,378
urticaria	8,464	12,546
Alopecia (other than alopecia areata)	540	917
alopecia areata	1,745	2,783
Hyperhidrosis (armpit)	677	1,105
Hyperhidrosis (other than armpit)	795	1,270
Pyoderma (pyoderma)	143	259
Decubitus ulcers (bedsores)	888	1,504
Herpes (herpes simplex)	5,064	7,918
Herpes zoster (shingles)	11,878	19,238
Psoriasis vulgaris	573	918
Psoriatic arthritis	121	221
Other psoriasis	224	384
Tinea (athlete's foot, ringworm, etc.)	7,070	11,725
Tinea Nails (Onychomycosis)	3,531	6,078

[Otolaryngological disorders]	MM panel	MM+partner panel
Pollen allergy/allergic rhinitis (seasonal)	40,548	64,766
Allergic rhinitis	16,554	24,925
Sinus Infection (maxillary empyema)	8,792	13,072
Xerostomia (dry mouth)	494	869
Stomatitis	7,138	10,917
Middle ear infection	9,768	14,346
Meniere's disease	4,317	7,085
Hearing loss	3,078	5,103

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■ Disease status (family member)

	MM panel	MM+partner panel
[Ophthalmic Diseases]		
Dry eye	6,799	11,223
Allergic conjunctivitis	6,485	9,382
Cataract	18,842	32,720
Glaucoma	8,446	14,385
Age-related macular degeneration (AMD)	1,443	2,403
Diabetic Retinopathy	646	1,102
[Diseases of the dental system]		
Dental maintenance (regular management)	34,392	56,913
Orthodontics	10,163	15,900
Cosmetic teeth whitening	2,053	3,418
Dental Implants	3,804	6,414
[Others]		
Injuries and illnesses requiring surgery	15,185	24,877
Hospitalization due to illness or surgery	20,382	33,238
Injury or illness requiring ICU (intensive care unit) treatment	4,392	7,260
Other designated intractable diseases and acute/chronic illnesses	578	904

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■ Patient Disease Status (personal condition)

※Multiple answers (unit:person)

[Fatigue and Stress]	MM panel	MM+partner panel
Fatigue and tiredness	67,283	115,872
Depressed, anxious, angry, or mood swings	26,228	42,389
Stress due to the occurrence of symptoms such as itching, fever, shortness of breath, pain, e	12,052	20,706
Stress due to restrictions on diet or other restrictions to improve symptoms.	3,296	5,608

[Pain/itching]	MM panel	MM+partner panel
Headache	31,886	50,784
Itching, eczema	23,870	41,784
Numbness	8,330	15,259
Coldness and swelling	25,848	40,093
Stiff shoulders, stiff neck, back pain	59,377	99,743
Back pain, abdominal pain	50,224	88,175
Arthralgia	19,517	34,203
Myalgia	6,658	11,776

[Common cold symptoms]	MM panel	MM+partner panel
Cough	9,534	17,140
Runny nose, nasal congestion	20,719	36,110
Dyspnea/seizures	1,331	2,519
Palpitations, shortness of breath	8,165	13,690
Fever	1,355	2,479
Night sweats and perspiration	8,830	15,221
Thirsty mouth/thirst	12,686	22,384

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[Gastrointestinal symptoms]		MM panel	MM+partner panel
Heartburn		9,162	16,433
Nausea		4,995	8,275
Loss of appetite		4,916	8,566
Constipation/diarrhea		32,916	56,086
[One's lifestyle]		MM panel	MM+partner panel
Overweight/obese		45,333	79,303
Elevated blood sugar and lipids		23,514	43,240
Weight loss		4,685	8,429
Lack of sleep		42,174	73,567
Drowsiness, excessive sleeping		16,821	27,140
[Eye, ear, and skin conditions]		MM panel	MM+partner panel
Dizziness, dizziness on standing		20,615	33,243
Blurred vision and vision loss		38,469	66,589
Tinnitus		16,744	29,251
Excessive sweating		14,682	24,996

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[Urinary symptoms]		MM panel	MM+partner panel
Leakage/Incontinence		11,936	20,870
Sudden and frequent urinary urgency		8,393	15,938
Difficult in urination		4,261	8,302
[Mental and Consciousness Symptoms]		MM panel	MM+partner panel
Hallucinations, delusions, auditory hallucinations		1,144	2,090
Decreased memory		24,226	40,953
Cognitive decline		5,504	9,824
Decreased concentration and motivation		22,243	37,856
Disturbance of consciousness		503	964
[None]		MM panel	MM+partner panel
No symptoms or health concerns		36,341	87,256

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